

# PROGRAMME

## The Second Wave The Mental Health Wave • The Aftermath Of The Covid-19 Pandemic

Day 1 of 3: Thursday 8 June 2023

**08:30**      **Welcome**

**Workshop 1**

08:30 – 10:30      Consequences of COVID-19 on children's delayed reading level & academic performance:  
**Angela Charalambous, Reading Specialist**

**Workshop 2**

11:00 – 13:00      Did it really happen? – The pandemic, the denial, resilience, trauma, and putting the pieces together again:  
**Lauren Snailhaim, Clinical Psychologist**

**Workshop 3**

13:30 – 15:30      Using neuroscience principles to support children post the COVID-19 pandemic:  
**Kate Armstrong, Educational Psychologist**

**Workshop 4**

16:00 – 18:00      Reasons for referral to Ububele and assessment findings pre and post the COVID-19 pandemic:  
**Nicola Dawson & Sinovuyo Arosi, Counselling & Educational Psychologists**

**18:00**      **Closing**

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## The Second Wave The Mental Health Wave • The Aftermath Of The Covid-19 Pandemic

Day 2 of 3: Friday 9 June 2023

**08:30**      **Welcome**

<b>Workshop 5</b>	08:30 – 10:30	DBT steps for adolescents in the post-COVID-19 pandemic era: <b>Jeremy Mostert &amp; Karen Lynn Walton, Counselling Psychologists</b>
<b>Workshop 6</b>	11:00 – 13:00	Post COVID-19 pandemic reflections; the disruption of formal religious practices & the implications within the therapeutic space: <b>Thembelihle Mashigo, Counselling Psychologist</b>
<b>Workshop 7</b>	13:30 – 15:30	Effects of COVID-19 on hearing, auditory processing and speech-language development: <b>Samantha Young, Speech-Language Therapist</b>
<b>Workshop 8</b>	15:45 – 16:45	Trends in mental healthcare funding: <b>Cassi Rubin &amp; Darren Sweidan, Discovery Health</b>
	16:45 – 17:45	Ethical Practices In Dsm-5® Diagnosis, Icd-10 Coding And Billing As Psychologists <b>Vanessa Gaydon, Educational Psychologist</b>

**17:45**      **Closing**

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## The Second Wave

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Day 3 of 3: Saturday 10 June 2023

08:30

Welcome

### Workshop 9

08:30 – 10:30

Biological factors underlying the neurological effects of the COVID-19 pandemic:

**Zanele Tlaka, Paediatrician**

### Workshop 10

11:00 – 13:00

How the COVID-19 pandemic has affected underprivileged children in South Africa:

**Claire Tobin, Goldilocks & The Bear Foundation**

### Workshop 11

13:30 – 15:30

The impact of COVID-19 on the communication of autistic children: Research reflections:

**Anwynne Kern & Naledi Mokoena, Educational Psychologists**

15:30

Closing